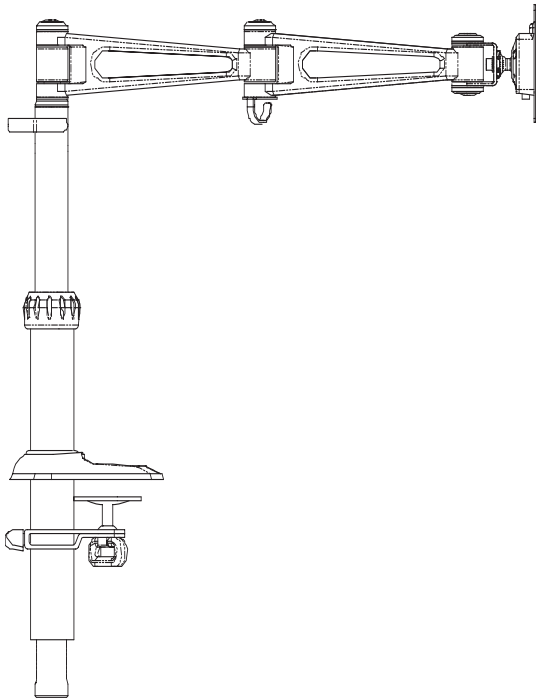


M7 Grommet Mount Installation Instructions

For work surfaces with a 2" to 4" diameter grommet hole.



Package Contents

Monitor Arm: 1

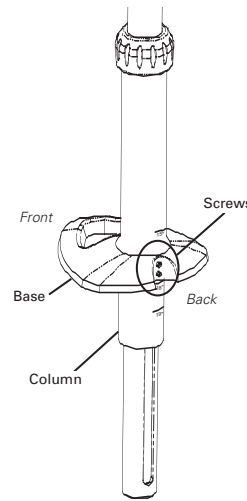
VESA Brackets: 2 or 4

VESA Bracket Screws: 4 or 8

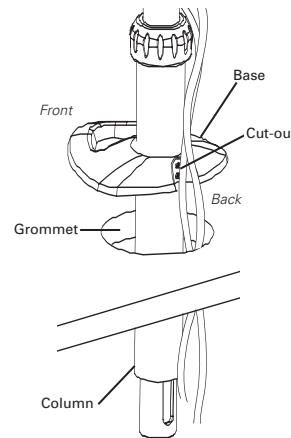
Front Bracket Screws: 2 or 4

STEP 1: Attach Mounting Post to Work Surface

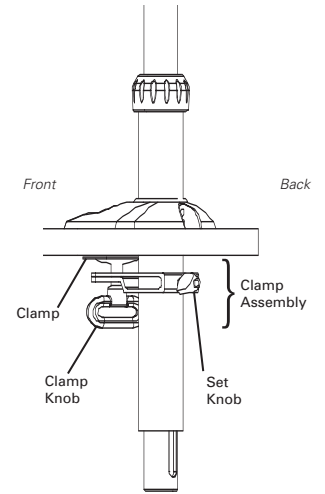
a. Set Base Height. Loosen two screws on back of Base. Slide Base up or down Column so that bottom of Base aligns with mark that corresponds to monitor size. Tighten two screws to secure Base to Column.



b. Position Base on Work Surface. Place bottom of Column through grommet and position Base so that front of Base faces the user. If CPU is below desk and monitor cables will run through grommet, the cables should be in place before the Base is secured. Position Base so that it covers grommet and, if necessary, so that the monitor cables fit through the Cut-out on back of Base.

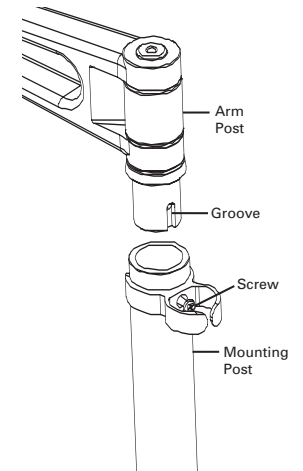


c. Attach Clamp. Slide Clamp Assembly onto Column from underneath work surface so that Clamp meets the work surface directly below front of Base. (Note: To ensure stability, clamp must be positioned below front of base.) Tighten Set Knob to secure position of Clamp Assembly. Tighten Clamp Knob to secure Mounting Post to work surface.



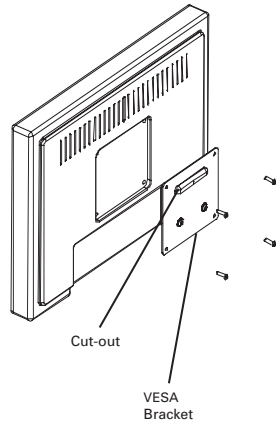
STEP 2: Attach Arm to Mounting Post

Align groove in Arm Post with Screw on Mounting Post and slide Arm Post into Mounting Post. Tighten Screw to secure Arm to Mounting Post.

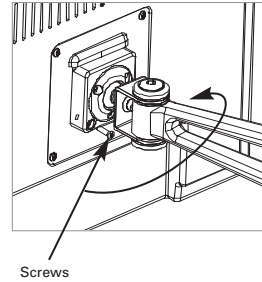


STEP 3: Attach VESA Bracket to Monitor

- a. Select 75mm or 100mm VESA Bracket to match hole pattern on back of monitor.
- b. Place VESA Bracket in position on back of monitor with cut-out toward top of monitor (as shown) and attach using 4 screws provided. For this, you may also use screws that came with your monitor.

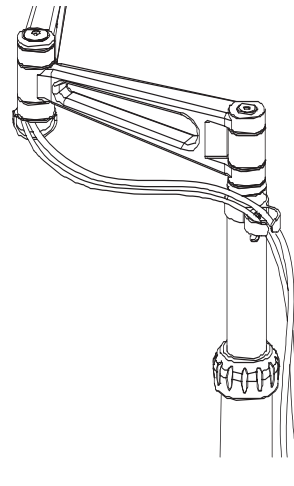


- b. If your Arm does not have a Quick Release Lever, secure monitor to Arm using two screws, as shown.



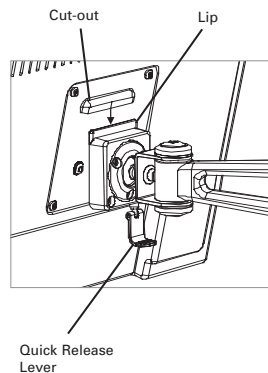
Cable Management

The M7 includes cable management clips to keep monitor cables neat and protected. If desired, place monitor and power cables through cord clips as shown.



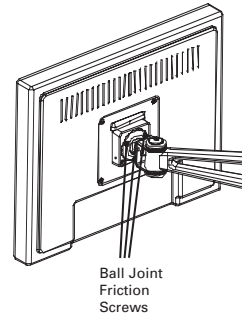
STEP 4: Attach Monitor to Arm

- a. Place Cut-out on VESA Bracket over Lip at end of Arm. If your arm is equipped with a Quick-Release Lever (as shown), simply push bottom of monitor into Arm until you hear a click. To remove, depress Quick Release Lever and remove monitor from Arm.



Friction Adjustments

- a. If your monitor is particularly heavy, or after prolonged use, the Ball Joint may require increased friction. This can be achieved by tightening the 3 Ball Joint Friction Screws.



- b. If you would like to increase friction on the height adjustable post or secure the post at one particular height, turn the Friction Dial clockwise until the desired level of friction is achieved. To decrease friction for easier height adjustability, turn the Friction Dial counter-clockwise.

